

CAREGIVER SUPPORT GROUP

Managing the care of a loved one can present many challenges in one's life. This support group will help you cope with this difficult time. This series is for adult children who may be caregivers for their parents, parents who may be caring for a child with a special need, as well as spouses caring for each other.



Art Gottlieb, a Licensed Clinical Social Worker and Certified Senior Advisor, will facilitate this support group. Information, personal stories and discussion within the support group will remain strictly confidential.

**Location: Westport Center For Senior Activities
21 Imperial Avenue, Westport, CT 06880**

Phone Number: (203) 341-5099

Time: 5:00 to 6:00 p.m.

Cost: FREE! Pre-registration required.