



Fairfield County OCD Support Group

WINTER & SPRING 2026

CONTACT: Christina J. Taylor, Ph.D. and
Diane Sholomskas, Ph.D.,
(203) 372-4593

E-MAIL: taylorc@sacredheart.edu or
fairfieldocdgroup@gmail.com

WEBSITE: <http://fairfieldocdgroup.freehostia.com>

OPEN TO: Individuals with OCD & their families

FREQUENCY: Monthly - Third Monday of each
month, except holidays

DATES FOR UPCOMING MEETINGS:

January 19, 2026

February 16, 2026

March 16, 2026

April 20, 2026

May 18, 2026

June 15, 2026

TIME: 7:30 p.m. to 9:00 p.m.

LOCATION: Zoom Virtual Meetings. Visit our
website for details.

FEE: Free

TYPE: Professionally Assisted Group